

merry christmas!

rosemary sea salt can be sprinkled on tomatoes, cucumbers, or avocados, or used to season eggs, potatoes, squash, or chicken. tasty on roasted or grilled vegetables too.

cajun dry rub is the best on any meat destined for the grill, or mixed with mayo for a tasty burger spread. you can also use it to pan-blacken chicken or fish.

everything spice is similar to mrs. dash. use instead of salt or sprinkle on salads or sautéed or grilled veggies. try zucchini and mushrooms sautéed in olive oil with 1 tsp. of this spice mix.

mixed up just for you by:

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pasta sprinkle can be used to finish any pasta dish, added to tomato sauces, or used to season sautéed or grilled veggies.

taco spice is a homemade version of the packet. add 2 tbsp. to one lb. browned ground turkey or beef. add 1/2 cup water and bring to a boil. simmer until the sauce is thickened, about 10 minutes.

greek sea salt can be used to season chicken or fish before grilling, roasting, or sautéing. Brush meat with olive oil, then rub on 2-3 tsp. per 1 lb. meat. also good tossed with olive oil and veggies and oven-roasted.

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